



FC Spokane Code of Conduct

By registering your player with FC Spokane a parent/guardian/player agrees to abide by the following policy.

Any individual participating with the FC Spokane Club is expected to conduct him or herself in a manner which exemplifies integrity, respect, and sportsmanship. Participation within FC Spokane requires each player and their parent to abide by the FC Spokane Player and Parent Code of Conduct policy.

Players shall be under the supervision of their coaches and team management and adhere to FC Spokane guidelines as well as any additional rules set up for their team. Any individual who is found to be in violation of the 'Code of Conduct' rules and policies may be subject to administrative action. This may include the rescission of participation rights, as deemed appropriate to the circumstances.

FC Spokane has a zero tolerance policy towards player fighting or behaving in a disrespectful manner towards coaches, game officials, parents, or any individuals attending or participating in soccer related events.

It is the policy of FC Spokane and our governing bodies that NO ALCOHOL be sold, bought or consumed at any youth soccer training session or game.

There is to be no smoking at any parks, fields, school grounds or parking areas as well as within 200 yards of any FC Spokane training sessions or games. FC Spokane members are expected to follow set smoking policies at all events where FC Spokane is in attendance.

In the case of an infraction, the FC Spokane Executive Board will take the appropriate action. As always any sanctions taken against a player, coach, administrator or parent will carry through to all affiliates.

Player Responsibilities

- Attend all training sessions, matches, tournaments, and meetings unless excused by the head coach.
 - When schedule conflicts arise, notify your head coach as soon as possible.

- If the player is injured and not able to participate it is encouraged that the player still attends to observe and learn at training sessions and games unless other arrangements have been made with the coach.
- Practices are mandatory. As a participant in the FC Spokane curriculum you will not develop the necessary skills and style of play if you do not attend scheduled training sessions. Players may arrange with the Head Coach to be absent from practices at the discretion of the Head Coach.
- Come ready to train. A serious attitude to training, matches, and classroom sessions is expected.
- Every FC Spokane player is expected to treat other players, coaching staff, referees, and parents with respect.
- Players are not expected to like everything about everyone on the team, but they are expected to respect each other's ability and talent so that all players may work together for the good of the team and the Club.
- Each player is required to attend training sessions and games in the appropriate attire:
 - Shin Guards
 - Appropriate footwear depending on surface
 - Properly inflated soccer ball
 - Designated FC Spokane attire
- Players/parents are responsible for their own well-being and should bring to the coaches' attention any injuries or situations in which the FC Spokane staff members may be able to assist. Players are expected to seek appropriate professional medical attention for all medical concerns and to keep the coaches informed and up to date on their progress. Players should provide coaches with doctors' prognosis and advice for treatment plan.

Parent Responsibilities

- No coaching. FC Spokane prides itself on assigning the best coaches to each team. Our goal is to improve your child's level of play by providing an environment that encourages good decision making, independence and creativity on the field. Allow the FC Spokane coaching staff to provide the proper coaching for your child.
- Parents are to stand away from the player bench during games. All parents are to be on the opposite side of the field during matches. In the event a field does not accommodate space for parents to be on the opposite side, they should position themselves more than 30 yards away from the player bench.
- Parents are expected to participate in all team activities and other functions deemed mandatory by the team. Every team is required to provide volunteers to help organize and run Club functions (i.e. Tryouts, Tournaments, Meetings, etc.).
- Parents are to cooperate with the team expectations of participation. By accepting a position on any FC Spokane team, parents and players must understand that they are making a commitment to participate at the highest level available in youth soccer in our area. With this comes the responsibility to attend all scheduled events unless notification and agreement has been reached well ahead of time with the coach. Outside activities such as vacations, parties, family activities, etc. should be scheduled around the team

commitment. In a team sport, failure to do this unfairly and adversely impacts all other team members.

- Be a role model of proper behavior.
 - During training and games parents are expected to be on their best behavior and only make positive and encouraging comments to FC Spokane players, coaches, parents, game officials, and spectators. No negative or derogatory comments to any individuals will be tolerated.
 - Misconduct by a parent may result in parent and/or player sanctions or suspension by the Head Coach and/or FC Spokane Executive Board (see FC Spokane Code of Conduct Disciplinary Proceedings for further details)
- Encourage your child to take responsibility for the following:
 - Behavior – respecting others, being positive, listening to coaches/club officials
 - Getting to team activities prepared (shin guards, socks, water bottles, etc.)
 - Communicating with the coach and teammates
 - Proper nutrition and hydration
 - Be a ‘student’ of the game by gaining knowledge through watching games, asking questions, practicing on their own